

WHAT IS DEMENTIA?

Dementia is a brain disorder that seriously affects a person's ability to carry out daily activities. The most common form of dementia among older people is **Alzheimer's Disease**, which initially involves the parts of the brain that control **thought, memory, and language**.

An individual with dementia often needs **help with the basic activities of daily living**, such as maintaining proper nutrition, dressing, hygiene and home care tasks.

Although there is no cure for dementia, people can take steps that may not only help reduce the risk of memory loss, they're good for you anyway!

- Exercise your brain with reading, puzzles, word games, chess and the like.
- See your doctor if you're worried about memory loss. Treatments are available.
- Stay active and involved in life!
Companionship and physical activity keep you healthier and happier.
- Maintain adequate nutrition.
- Engage in intellectually and socially stimulating activities.



ComForcare Mission

To improve the quality of life and level of independence for every client and family receiving our services.

ComForcare Senior Services

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CARE FOR PEOPLE WITH DEMENTIA

ComForcare Senior Services®





ComForcare™ Supportive Services Enhance Independence

For the elderly and their families, dementia and the care challenges it creates can feel overwhelming. ComForcare can help!

We provide all levels of dementia care at home, and make it possible for the people challenged with the disease to stay in their own familiar environment and to age with dignity and comfort for as long as possible.



Contact ComForcare today and find out more about our uniquely trained caregivers and our Dementia Supportive Services. Call our office or visit our web site at www.ComForcare.co.uk

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At ComForcare, we recognise that excellent care for individuals with dementia goes beyond ensuring safety and meeting basic daily needs. The client should be involved in making decisions about their own care to the greatest extent possible and we work to make that a reality.

Our caregivers are carefully trained to engage and stimulate the client, and learn specific techniques to help them manage their behaviour and maintain an appropriate level of independence for as long as possible.

